



# Newsletter

## FROM THE PRESIDENT



Dominic Ferro

As we prepare for our annual meeting in Los Angeles, it is a good time to reflect on the important role our organization plays in American psychiatry. ASAP provides clinicians and researchers dedicated to the care of adolescents an opportunity to confer. The annual meeting typically addresses a variety of salient clinical issues at a high academic level. Most important, it is a forum in which practitioners can gain the knowledge and the collegial support necessary to practice adolescent psychiatry.

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In my last column, I wrote about estimates that the prevalence of psychiatric disturbance in adolescents is as high as 20%, and that as few as 20% of those disturbed adolescents receive any type of care. Although not diagnosed until later in life, most psychiatric disturbances have their genesis in adolescence. Depression, Bipolar Disorder, Anxiety Disorders and Eating Disorders are all known to start during this phase of development. In addition, most adults with substance dependence were substance dependent during adolescence. The problem is that there are too few child and adolescent psychiatrists to meet the needs of these adolescents and that the prospects for a greater supply of child trained psychiatrists are poor.

The need for psychiatric care during adolescence was validated in an article by Costello, et al. in January's American Journal of Psychiatry. They surveyed a sample of the population in a rural area of North Carolina. Using annual parent and child reports for 13 to 16 year olds, they found that 18% of these young to middle adolescents used some psychiatric services during a three month period. Disruptive behavior disorders were the most common diagnostic group prompting treatment, followed by depressive disorders and substance use disorders.

President's. Column, con't Page 2

**Stress, Vulnerability and Serious Mental Disorders.**  
**ASAP Annual Meeting.**  
**March 8-11, 2007**  
**Sheraton Delfina Hotel,**  
**Santa Monica, CA**

## GILFOIL



James Gilfoil

## Where To Eat With ASAP

Hey, I'm bummed too. Lost in the mail, right? I just think we missed the A list for Katie and Tom's wedding—by a mile. Well, things are looking up, for ASAP is back in LA—and on the Westside, i.e., closer to Hollywood, so this is your chance to see and be seen. Yeah, I know it's a hard sell in March, especially for us denizens of the Northeast and Midwest—Rust Belt to you Sun Belters. Think beach and surfing, because this year we'll be in Santa Monica and not downtown as in '05. Also, RENT A CAR! I will not repeat myself. This is the land of the car. Car culture is big here. Yes, there are some good restaurants in Santa Monica, but, to get to a good spot elsewhere, you need a trust fund or a sugar daddy, preferably both, for all that money you're going to spend on cab fare, if you can find one. Too, you're going to need it to get to your surfing lesson.

When planning your dining in the city, you need to remember what the local culture is. LA—Hollywood—Tinseltown—Glitz—All show and no substance. Got it? As one local wag recently lamented to me, "the waitstaff doesn't pay as much attention to you out here as in other cities." Well, duh! Of course not, they're not into serving you, they're waiting for

## For Your Calendar

ASAP Annual Meeting, March 8-11, 2007, Sheraton Delfina Hotel, Santa Monica, CA

World Psychiatric Association International Congress, Melbourne. Nov 28-Dec 2, 2007,

The 7th Congress of the International Society for Adol. Psychiatry & Psychology

*From Adolescence to Adulthood*

MONTREAL. - Queen Elizabeth Hotel. July 4th – July 7th 2007

<http://www.isapp.org/montreal2007.php>

### ASAP Officers

President: Dominic Ferro of Nanuet, NY.

President Elect: Mohan Nair of Los Angeles, CA.

Vice President: Fabian Saleh, of Worcester, MA

Treasurer: Adam Raff of New York, NY

Secretary: Laurence Katz of Winnipeg, Canada

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Past President: Richard Rosner, MD of New York City, NY

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Annals Editor: Lois T. Flaherty, MD of Philadelphia, PA

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From the President *Continued from page 1*

Although 18% sought treatment, almost 38% were found to meet criteria for a psychiatric diagnosis or to have some psychosocial impairment related to subsyndromal symptoms of psychiatric disorders. This means that over 70% of the adolescents with an identified psychiatric diagnosis or psychiatric symptom related impairment received no treatment.

In an editorial by Wang, et al. in the same issue, it was noted that the costs of untreated psychiatric impairment among adolescents may be considerable. Research suggests that when psychiatric symptoms in adolescents go untreated a greater risk of more serious comorbidities in adulthood results. Also, the risk of negative social outcomes, such as teen pregnancy and school drop out, is increased. Identifying these children and developing effective interventions for them has a potentially great societal value.

The study by Costello, et al. focused on cost and found that most of the expense was for inpatient and residential care, and that most of that cost was born by institutions which were not focused on mental health services, such as schools and juvenile justice institutions. The skills fostered by our organization are needed not only in our offices and in our hospitals, but in these other settings, as well.

The meeting in Los Angeles promises to be another excellent academic event. Please come and support our organization and the role it is striving to play in our society. I hope to see you there.

Gilfoil can't from Page 1 that big break so they can leave this gig. Or they're giving you that, "Hi, I'm Matt, I'm your server this evening." Then they proceed to give you all their opinions, "Excellent choice" or "That's my favorite," when you are so not interested. It's all narcissism out here, baby, and, besides, you're not interested in any star gazing anyway, are you? Forewarned is forearmed.

Since you brought it up, for stargazing, I would stop by the Coral Tree Café in Brentwood for great Cal-Mex-Ital breakfasts and lunches. Word is Cameron,

Dustin, et. al., are here frequently. Now you could be a few minutes late getting back to the meeting, but I'll save your seat. More on the stars in a moment.

At the '05 meeting I had two memorable meals—one at Patina in the Disney and the other downtown at the Water Grill. In a strange concatenation of events, one of the most exciting newer restaurants in LA was opened by the former Water Grill chef, Michael Cimarusti, in the building where Patina used to be. I guess all those crystals were lined up right, because Cimarusti's food at Providence is even better than it was at the Water Grill. The move seems to have freed up his inner creativity. It's not over the top, as with some other Ferran Adria wannabes, for he seems to have the sense to know when restraint is called for. Providence is mainly seafood and it's mainly wonderful. And, if you're ever going to try a seafood risotto—the supreme test of a restaurant chef in my mind—this is the place. Oh, the "it" crowd will be there too!

Next on my star-gazing, or did I say grazing, hit parade is the still-going-strong Spago. It's hard to believe a globe trotting celebrity chef—indeed the man who invented the genre—Wolfgang Puck, has a flagship that is still this good. Maybe he's scared the curmudgeonly Alan Richman will do a hatchet job on him as he did in a recent GQ article on Jean Georges. (I highly recommend the article for his thoughts about the celebrity chef phenomenon.) Puck's chef Lee Hefter is wonderfully talented and, since the stars will be there, why not you? The wag I mentioned above did note that Spago was not flexible with him on a recent visit, confirming that the customer is not king in LA.

The hottest new table in LA at the moment—and hot is indeed a momentary concept in LA—is at Cut where Herr Wolfgang is reinventing the steakhouse, of all things. It certainly needs reinvention. Cut is drawing praise for the design, the scene, and, most of all, the food. Imagine that! There is a great bar (and bar scene) across the back lobby of the hotel Cut is in the Beverly Wilshire. If you go, make sure you're with the hip dress code. Angelenos are very casual when they dine. Too, it makes sense to go with a

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## Book Review Corner

*Boys Of Few Words* by Adam Cox New York, New York, The Guilford Press, 2006, 306 pages, \$14.95.

Reviewed by Nancy Byatt, D.O., M.B.A. Psychiatry Resident, University of Massachusetts Medical School, Worcester, MA

Adam Cox writes an illuminating book that brims with details of how to bring out the best in 'boys of few words'. Author and psychologist, he presents practical advice for families who want to raise their young boys to communicate and connect.

The reader is drawn in by case examples that introduce and explain different learning and attention problems that leave boys at a disadvantage. The author allows us to glimpse at the frustrations and weaknesses of boys of all ages as they struggle to learn self-expression. The parent reader feels relieved to learn why their son behaves the way he does and that the challenges he faces can be overcome. Cox allows the reader to become intimately familiar with the importance of language development for boys' future success and happiness, simple ways that families can cultivate articulacy, instructing the reader how to engage young boys in creative play or use productive conversation starters with morose adolescents.

Without clear guidelines regarding specific diagnoses, the reader may remain perplexed as to what specific diagnosis their son may have. Nevertheless, *Boys of Few Words* has general reader appeal and is of particular interest to mental health care professionals and parents as it poignantly presents insights about the suffering, confusion and vulnerability of providing practical tools and hope for parents. In reading this compelling and insightful book, one is absorbed as Cox presents useful ways for boys and their parents to overcome communication disadvantages.

*Handbook of Psychopathy*, Patrick C.J., Guilford Press 2006.

Reviewers: Joel T. Andrade, LICSW & Fabian M. Saleh, M.D.

Psychopathy is a burgeoning clinical construct that has received a great deal of

attention in the research literature over the past 25 years. The construct was first outlined by Dr. Hervey Cleckley in his ground breaking work, *The Mask of Sanity*, originally published in 1941. Since that time the construct of psychopathy has provided researchers and clinicians with a useful heuristic in assessing an individual's risk for violence. Dr. Robert Hare quantified Cleckley's construct in the *Psychopathy Checklist (PCL)* and its revised edition the *PCL-R* (1991/2003). This measurement tool allows the construct of psychopathy to be measured accurately, and has given the field of forensic practice an invaluable assessment device. Briefly, studies have found a distinct difference between those who score higher on the PCL-R and those who do not. As measured by the PCL-R, psychopaths are vastly more dangerous (Cornell, Warren, Hawk, Stafford, Oram, & Pine, 1996), less amenable to treatment (Ogloff, Wong, & Greenwood, 1990) and more likely to recidivate (Hemphill, Hare, & Wong, 1998).

The book *Handbook of Psychopathy*, edited by Dr. Christopher J. Patrick, is an excellent addition to the library of researchers in the area of psychopathy. The chapters are well researched and thoughtfully organized. Most, if not all, of the preeminent researchers in the field of psychopathy are included. The book is broken into 6 sections as follows: (1) Theoretical and Empirical Foundations; (2) Issues in Conceptualization and Assessment; (3) Etiological Mechanisms; (4) Psychopathy in Specific Subpopulations; (5) Clinical and Applied Issues; and (6) Conclusions and Future Directions. The layout of the text is well thought out and provides the reader with a theoretical background prior to exploring specific areas of debate.

However, this book is not an introduction to the topic of psychopathy and may be too advanced for non-research practitioners. As research on the topic of psychopathy continues to debate the meaningfulness of the construct, and at times the existence of the construct, this volume is an advanced text. This volume tackles such issues in a comprehensive manner as academicians and researchers from all theoretical positions contribute their thoughts. Of particular interest to some, are the causal mechanisms of this disorder.

This text provides a thoughtful inclusion of the leading theoretical positions including: neurological; social; cognition; and developmental pathways.

For references please contact Joel T. Andrade at joeltandrade@yahoo.com.

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## ASAP, Santa Monica!

My dear ASAP colleagues,

While we have been somewhat delayed on getting out the brochures to you all for ASAP's 2007 meeting, I do trust that you have all set aside the dates to be in Los Angeles for the meeting. We had a wonderful time in Los Angeles in 2003. We expect an even better bash in 2007. Your presence will make it so. This time the meeting is in the exciting Southern California beach city of Santa Monica, minutes away from the beach, Santa Monica Pier, exotic Venice Beach and the Third Street Promenade (like Times Square, just a lot more "cool," although warmer).

Your significant others can stroll the shopping extravaganza of Beverly Hills, Rodeo Drive, and check out the great restaurants. For those artistically inclined, there is the fabulous new Getty Museum as well as the newly reopened museum at the Getty Villa overlooking the Pacific.

And yes! --we do have a great educational program lined up for you all. The program is organized into three main institutes. ASAP's own former president, Glen Pearson, will launch the Institute on Adolescent Sexuality which will include experts in the field like Fabian Saleh, Judith Becker and Wesley Maram.

Friday's program on Psychopharmacology has a spread of talented researchers in the fields of mood and anxiety disorders, neuroscience, neuroimaging, autistic spectrum disorders.

Saturday is devoted to an institute on chemical and behavioral addictions.

Sunday morning provides a fascinating group of lectures.

So come and celebrate ASAP in Los Angeles.

Mohan Nair

APA DOINGS -- November  
2006  
EDITION  
by Richard Ratner.

Greetings once again from the JW Marriott Hotel in downtown Washington, DC, where the APA Assembly met November 3-5 of 2006. As usual, the meetings are structured around the consideration of numerous "action papers" that come to the Assembly for it to pass, modify or reject, but other business, including reports on the state of the Association, the approval of practice guidelines, politicking for the upcoming elections for president-elect and vice-president, also gets done. The Assembly is, of course, the legislative side of APA governance, made up mainly of district branch and state association reps, and reps from the various Areas. I and a small group of others are invited in our capacity as representatives of affiliated organizations, and while we are allowed to vote in all Assembly business, if things come down to where votes must be counted (as opposed to the usual show of hands or voice votes), each of us affiliates gets only a single vote, while the District Branch reps get to vote the number of members in their branches.

Nonetheless, I have winnowed my way into the affections of the all so that I have been either chairman or a member of a reference committee for the past three or so consecutive meetings. This gives me a somewhat greater opportunity to affect the final versions of the action papers that come before us before they go to the floor for an up or down vote.

Perhaps the most important issue from ASAP's point of view is the question of whether APA will take over some of the costs of attendance at this meeting (and the other Assembly meeting, which immediately precedes the scientific meeting in the spring) for us representatives of affiliated groups (or "AAOL's" in APA parlance: the "Assembly's Affiliated Organization Liaisons"). Small groups like ours, with essentially no money, must usually rely upon the representative to pay for himself at these meetings, and it would be a great boon to those of us who don't live in the DC area if APA picked up some of the tab. The issue has been in front of the Assembly for some time and

may not be closer to happening than it has. The Assembly is forever trying to figure out how it feels about us affiliates and whether we are really providing value to the larger body. Theoretically we can bring enlightenment from the vantage point of our own areas of specialization, though in practice, I can't remember any particular action paper that I was able to contribute to by virtue of my specialty in adolescent psychiatry.

Nonetheless, in no particular order, here are some things that happened or came to light.

In case you ever wondered if APA officers were paid, they sure are. The President receives \$123,130 for his/her presidential year, the president elect \$59,180, and the speaker of the Assembly \$43,755. A propos of this, you may want to be reminded that the candidates for APA President Elect (taking office in May) are Spencer Eth, MD, and Nada Stotland, MD; and for Vice President, Carol Bernstein and Renee Binder. It's a bit of inside baseball, but since we're talking about elections, the Assembly will choose its new Speaker Elect in May: either Ron Burd or Herb Peyser; and its Recorder: Joann Ritvo or Gary Weinstein.

Legislatively, the Assembly passed the practice guideline relating to Dementia in Late Life. It also passed some papers exhorting the APA to promote ethics, especially including privacy concerns, in their scrutiny of new information technologies, and voted to condemn a British organization of professors that had favored, or at least not opposed a boycott of individuals and institutions that did not dissociate themselves from Israel's policies regarding the Palestinians. It asked the APA to look into possibilities of seeking reimbursement for physician time involved in securing prior authorizations and participating in requesting exceptions and appealing turndowns as well as some mechanisms of keeping track of the practices of pharmacy benefits managers. Some companies (Medco being one) have begun writing to patients receiving not-yet-generic drugs, like Lexapro, suggesting that they ask their doctors to switch them to generics, because they "provide the same health benefits as the brand-name versions, but at a lower cost to you." Trying to stop such practices as well as trying to figure out how to keep

these PBM's from refusing to pay for medications for off-label (but very well-documented and successful) uses were also encouraged in a few passed statements. The Assembly also supported the building of a suicide barrier on the Golden Gate Bridge, an item that seems to be a no-brainer, but which apparently has had opposition.

The APA is in pretty good financial health with a bit over 38,000 members, a slow but steady increase over the past few years. It now has a monthly dues plan and an online payment option to ease the pain of dues. Jay Scully continues to prove himself to be a good manager and a consensus builder as medical director and CEO.

The DSM V task force is getting started, and much of the initial phase is to vet the candidates for conflict of interest. In the meantime, the Assembly is asking APA to provide a guideline "watch", which will update at least one practice guideline every year.

Apparently, marijuana approved by NIDA in this country can come from only one source, (the U of Mississippi), and the product is weak. Further, the federal government has dramatically dragged its feet about approving marijuana research, a situation that is much different from the progressive attitudes of many states. The Assembly approved a resolution requesting that the DEA approve privately funded production facilities (that meet strict guidelines) and that it support FDA-approved clinical trials investigating medical uses of marijuana.

There is an APA presidential task force that is trying to answer the needs for psychiatry in underserved areas. One reason is to try to prevent states that have not already done so from approving psychologists being given prescription privileges (the usual argument being that there are not enough psychiatrists in rural states). One aspect of the response to this is the expansion of telemedicine which has challenges and opportunities to be further explored. More information on this issue is available on the APA website, <http://www.psych.org> www.psych.org. While we're at it, I should mention that this website is being revised for easier use even as we speak. Finally, the Assembly recommended an annual award for up to

APA Doings, Continued on Page 5

## From ASAP's History



Two bas-reliefs from the former home of an ASAP founder, Ed Hornick.  
Left: Franklin D. Roosevelt; right: Sigmund Freud

A recent article in the New York Times real estate section concerning the sale of the town house in New York City which once belonged to Edward Hornick, MD, brought to mind a number of old memories. The bas-relief above is from the second floor front of the building and gives some clue to the man.

Ed who died in 1984, was one of the small group of the psychiatrists who along with current ASAP members, James Masterson, Robert Porter and Bertram Slaff were the founders of the New York Society for Adolescent Psychiatry, NYSAP, in the '60s. This group also became instrumental in the later founding of ASAP.

Ed was particularly memorable as a witty, very very flamboyant clinician, psychoanalyst and activist who often wore a cape and earrings before and after

they were popular. His extraordinary home which was often the scene of our psychiatric parties was like no other, with brilliant colors, unusual furnishings, (a 16x5 foot sofa), and art which changed regularly as Ed with his wife, Joy, would display works of new young artists.

Bert Slaff tells in his ASAP History, a vignette about the discussion in New York concerning naming the about to be created adolescent psychiatric society. Debating calling it The Society for Adolescent Psychiatry which could be abbreviated, "SAP", was thought at first to be infra dig. However, Ed quickly responded that we should be as illogical and non-traditional as are the adolescents we treat. We should be proud to be a SAP.

The rest is history.

by Leonard Henschel

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### APA Doings continued from Page 4

three medical schools annually which demonstrate "significant achievement in medical education in psychiatry" with criteria including the proportion of medical students at those institutions who go one to residencies in psychiatry.

Finally, it appears that some changes are afoot in the way in which different CPT codes are being valued. Ron Burd, chair of the committee on reimbursements, indicates that there will be a likely 10% reduction in reimbursement for 908XX codes in the coming year in Medicare, but that newer Evaluation and Management codes will be adding relative value units (RVU's). Further information may be available from Rebecca Yowell at APA's home office or by email to: hsf@psych.org hsf@psych.org (APA's office of health-care systems and financing).

There was nothing this year with the

political kick of gay marriage or even the policy statement against torture, though some of the usual conservative members voted against the marijuana resolution.

That was "it" for this time around. Will see many of you at ASAP's next meeting in Santa Monica and will report again after the annual meeting in San Diego in May 2007.

by Richard Ratner.

## About Our Members

### Plaudits or Commiseration?

Irv Berkovitz of Los Angeles, CA, writes that he is "enjoying the mixed blessings of semi-retirement."

Gilfoil on Santa Monica, con't from Page 2

group, like fellow ASAP members, since 8 oz. of Kobe beef will set you back a cool \$160. Relax, there's no way you can handle 8 oz. of Kobe beef. It's so heavy that a couple of bites will suffice. A better bet may be the associated casual Sidebar where no reservations are taken. It features a Kobe beef slider on brioche for \$20 and a wonderful tuna tartare.

Another spot to feel that LA beautiful people vibe is Koi serving sushi and other Japanese goodies. One local described this to me as "totally Hollywood," while the Zagat guide says Koi is "so hip it hurts" and that the staff needs an "attitude check." Now, tell the truth, how can you resist a place like this? This is the essence of LA distilled into one 2 hour experience. And the food is really good.

Don't forget Lucques where Suzanne Goin, one of the architects of the new LA restaurant scene, is still in her prime. She created a new French-California-Mediterranean hybrid that sparked other chefs. Lucques is polished and professional, yet warm and inviting. Her small plates emporium A.O.C. is as hot as when we were there in '05. Don't miss either.

Japanese and sushi are big in LA. In fact Nobu Matsuhisa's—yes, that Nobu—Matsuhisa is rated #1 in Zagat for its Peruvian-Japanese food. It will be moving from its former rather dumpy setting to the grand space of the former L'Orangerie in early '07. This is much easier to get into than his restaurants in New York, so, if you want to see what the fuss is all about, Matsuhisa is a good bet. I thought it was good, but I wasn't blown away. And, if you're fabulously wealthy, supremely masochistic, or just plain addicted to sushi, try Urasawa, where the starting price for dinner is \$250. His predecessor, the notable and rapacious Masa, is in New York and his minimum is \$300. Hey, I like sushi, but not that much.

The venerable Campanile is a good choice, as are Patina and the Water Grill, but the latter two are downtown and that's like the other end of the earth from Santa Monica. In Santa Monica itself there are several good options. JiRaffe would be at the top of my list. It's been called the quintessential Santa Monica restaurant, meaning the food is good, the service professional, and it doesn't take itself too

*Continued on page 6*

seriously. Plus the chef is a big surfer. The food is light French, as is that at Josie where Josie Le Balch—hey it even sounds French—does some terrific things with game. Her father is Breton, and those French can cook. You could also try Melisse, which is French too, but it's also more formal and more expensive. La Cachette may be a better bet in this vein. Don't forget Wolfgang Puck's take on Chinese—Chinois on Main, though I think it's way overrated. Michael's is worth a thought, especially for lunch on the gorgeous patio. Michael McCarthy is one of the originators of California cuisine, though the restaurant is reputed by some to be "coasting."

Two other restaurants are worth mentioning. You may hear of Simon L.A., where chef Kerry Simon gives his take on American comfort food, a la Barton G in South Beach. Hey, it's fun and entertaining, but once you've gotten the idea, it's not worth it for the food. Another of the moment restaurant is Black Steel, billed as Japanese-French fusion. The chef is so-called chef to the celebs: Chef J, and Pamela Anderson are part of the operation. Hey, I thought she was engaged to Borat. And just what part of the operation is she? If she's cooking, forget it, but if she's ..., well, never mind. Speaking of Borat, don't tell him, but there is a restaurant named Uzbekistan in Hollywood.

Get ready and get your jams and your board. It oughta be fun. And take that Katie and Tom.

by James Gilfoil

### The Human Comedy

I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising. I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over.



Mike Smith  
The Vegas Sun  
Kiss Footballer Syndrome

# GEISINGER

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- A collaborative team of psychiatrists/psychologists with experience and expertise in a variety of psychiatric specialties.
- The support of multiple PAs, a nurse specialist and masters level therapists.
- An excellent call schedule (1 in 7).
- The opportunity to work in a comprehensive academic practice that sees a wide variety of clinical activity from pediatric to geriatric patients and diagnostic types (including ECT).
- Research opportunities through the Weis Center for Research and the Center for Health Research and Rural Advocacy (both located on the campus of Geisinger Medical Center). Current research projects include studies on genomic schizophrenia, adolescent depression and improving the delivery of adult depression through primary care.
- An accredited Clinical Psychiatry Internship and the opportunity to teach pediatric and emergency medicine residents.
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Pediatric specialty services include:

- A comprehensive program dedicated to treating kids with bedwetting problems
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- Adolescent treatment
- In school services
- Community psychiatry
- Neuro psych services

Last year, more than 100 physicians joined Geisinger Health System. And it's no wonder. While many healthcare organizations are struggling, Geisinger and the Division of Psychiatry is experiencing unprecedented growth. In the past two years they have added a 10 bed Adolescent Inpatient Unit at Geisinger South Wilkes Barre, the neuro psychiatry practice has doubled and added 2 post doctoral fellows and Pediatric Psychiatry has experienced significant growth. At Geisinger, you'll experience the support, camaraderie and professional challenges of a leading practice while discovering the charms of Pennsylvania living... all while having the time and flexibility to enjoy your new quality of life.

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American Society for  
Adolescent Psychiatry  
Minutes of Governing Board  
Meeting October 14, 2006  
(abridged)

Present: Dominic Ferro, President, Laurence Katz, Secretary, Mohan Nair, President Elect, Adam Raff, Treasurer, Joseph Kenan, Robert Weinstock, Perry Bach, Dean DeCrise, Fabian Saleh.

Report from the Executive Director: The current membership is down from this time last year. Members of the Executive Committee and the Executive Director will attempt to attract new people. The Board is interested in reaching out to ABAP Diplomates to invite them to membership in ASAP and the Annual Meeting. It should be publicized that the two organizations are linked. The separation is less important for managed care companies and is only of value for having an added qualification to treat adolescents.

This has been discussed in the past but the relationship needs to be explored again. There are other organizations that are linked and have board exams. Dr. Nair will discuss this with Dr. Ratner.

ASAP proposes a council of ABAP and will ask Dr. Weissman to Chair the Council. ASAP would like to have an exam in 2007.

Dr. Bach moves that ASAP offer ABAP to become part of this organization and resume the previous relationship as a council. ASAP would help them get the exam revised and given. The Annual Meeting should offer CME credits to qualify to take the exam and for the annual CME requirement for recertification for ABAP. Doctors Raff and Ferro offered to re-write the exam. Drs. Nair, Weinstock, Kenan, Raff, and Ferro made the commitment to write questions for the next ABAP exam.

Report from President Elect:

Drs. Nair and Kenan have put together a good program. The Resident Award Paper will be presented at the meeting.

Meeting Budget and 2007 Annual Budget: The budget was reviewed. In discussing The Annals, it was discussed that a content rich quarterly publication might be more attractive than an annual publication.

In discussing the meeting for 2008, the idea of meeting at a facility and having sleeping rooms set aside at a hotel was discussed. The 2008 Meeting will be in Boston.

There was a brief discussion of having affiliate members. This will be on the agenda for the March Governing Board Meeting. There could be an article that spells out need for new members. This issue needs to be brought to a larger group of people for discussion for a recommen-

dation. The Council Chairs, Governing Board and Past Presidents should be solicited for ideas and reactions.

Annual dues will be increased to \$275. The annual dues for residents will be \$45.

In reviewing the budget for the Annals for 2007.

Motion: we will renegotiate the contract with The Analytic Press to publish it every other year.

The Executive Committee contacted Dr. Flaherty to discuss this with her and she was agreeable. Her main concern is the implication to the libraries. This might change the kind of articles that we get for publication. Dr. Rosner will be asked to communicate with Dr. Stepansky about this issue.

Report from the Newsletter: In the absence of Dr. Henschel, Dr. DeCrise reported that there was a difficulty with the timeliness of getting the last issue of the newsletter. Ms. Bell and Mr. Menninger had a miscommunication and the delivery was delayed. There is difficulty in getting articles and a tardiness in getting the labels to the printer. The Committee is very interested in soliciting advertising. Dr. DeCrise will work on this. The Committee requested that Dr. DeCrise solicit papers from the Annual Meeting to publish in the newsletter. Dr. DeCrise was appointed as the Assistant Editor of the Newsletter.

New Business: The Committee reviewed the post conference evaluations prepared by UTSW Medical Center CME Department.

Report from A&O: Dr. Bach submitted a bylaws amendment that will be circulated on the list serve for a vote in 30 days.

Meeting Adjourned.

Make plans now  
for the  
ASAP Annual  
Meeting in Santa  
Monica, CA



*"Cathy, this will be an easy sleepover for you —  
Ben doesn't take any medications at all."*



# In Our Mail



(from the publisher's blurbs)

*Multicultural Issues in School Psychology*, edited by Bonnie Nastasi, Ph.D. softcover, \$20.00. 171 pages. The Haworth Press Inc. ...presents theoretical and empirical models and introduces culturally specific services in school practice.

Adolescents Substance Abuse: New Frontiers in Assessment. Edited by Ken Winters, Ph.D. \$20 softcover. 114 pages. The Haworth Press Inc.

The book presents up-to-date research on the assessment, intervention, and treatment of alcohol and drug use behaviours

in adolescents, using screening tools to accurately measure the extent and nature of the problem. It provides evidence of how the field has matured over the past 20 years with focus on topics deserving of more study.

*Overcoming Childhood Sexual Trauma: A Guide to Breaking Through The Wall of Fear for Practitioners and Survivors*. Softcover \$34.95. 308 pages. The Haworth Press Inc.

A unique exploration of the objective experiences of both client and therapist as they travel the path to recovery. New therapeutic concepts are clearly presented and

extensively discussed.

*Impact of Substance Abuse on Children and Families: Research and Practice implications*. Edited by S. D. Stroessner, DSW and C H Fewell, Ph.D. softcover, \$19.95, 199 pages. The Haworth Press Inc.

...contributes critical information and knowledge for professionals working with children and families, strengthening understanding of the way that substance abuse wrecks havoc on families and how these problems can be served.

## CLASSIFIED AND DROP-IN ADVERTISING AVAILABLE

Ads must be received at the ASAP office by the following deadlines: Spring issue — April 12; Summer issue — July 30; Fall issue — September 30 and Winter issue — December 1st. Copy should be typed and double-spaced.

For Classified ads, a check to cover the cost at \$1.00 per word (minimum \$25.00 per ad) must accompany the order. For an additional \$12.50 an advertiser who does not desire to be publicly identified may use an ASAP "Box Number" and will be sent copies of resumes or other information sent to the box.

For drop-in ads, rates are as follows: Underwriting a complete issue, \$1500. This entitles the advertiser to exclusive advertising rights in that issue, with two full pages of advertising. Full Page ad: \$350; one-half page ad: \$250; one-quarter page ad: \$150.

The acceptance of advertising by this Newsletter does not in any way constitute endorsement or approval by ASAP Newsletter or ASAP of any advertised service or product.

Regarding Classifieds, the publisher reserves the right to accept or reject advertisement for ASAP Newsletter. All advertisers in this section must employ without regard for race, sex, age, nationality, or religion in accordance with the law. Readers are urged to report any violations immediately to the executive editor.

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